



PATIENT Fall Prevention Agreement

“CALL, DON’T FALL”

Advanced Surgical Hospital is committed to providing you with the best quality care, and we need your help to do so. Always ask one of our teammates for assistance when you need to get out of your bed or your chair, or walk to the bathroom. Please make our teammates aware of anything that could put you at risk for falling. Falls can complicate your recovery after your procedure and can result in significant injuries. We have a comprehensive program to help keep you safe and free from falls during your visit. Provided is information on how you can help us keep you “fall free” and safe:

The following are fall prevention strategies I will learn and do:

1. How to use the call light.
2. To tell my nurse or another teammate if at any time I feel dizzy, weak, or lightheaded.
3. To tell my nurse if I have fallen recently. Frequent falls may indicate other health problems and may need to be evaluated.
4. To not get up after my surgery without an Advanced Surgical Hospital teammate present. This is to ensure my safety and prevent me from falling.
5. To not get out of bed without wearing non-skid socks as this may cause me to slip and fall.
6. To let my nurse know if I use any assistive devices at home such as a cane or walker and to not try to ambulate without using my device.
7. To not try to stand after lying down for a time without first sitting up for a few minutes, and to avoid sudden position changes such as bending over quickly. I understand this will minimize the risk of dizziness or drop in blood pressure that can occur if I change positions too quickly.
8. To “take it easy” and recognize that my body may still be under the influence of medications and adjusting to having surgery and that I am more at risk for falling after surgery than usual.

I have reviewed Advanced Surgical Hospital’s fall prevention strategies and interventions and agree to abide by these measures.

Patient name: _____

Patient signature: _____

Witness: _____

Date: _____

Advanced Surgical Hospital complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. (TTY: 711)

Advanced Surgical Hospital cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. (TTY: 711)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-808-9008 ID 67115549 (TTY: 711)

Advanced Surgical Hospital 遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。注意:如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-808-9008 ID 67115549 (TTY: 711)